



ABSOLUTE BEST CARE PHYSICAL THERAPY

SPECIALIZING IN ADULT & PEDIATRIC CARE

Sports Injury: Knee, Back, Shoulder, Neck, Wrist and Elbow

Work Related Injury, Auto Accident or Accidental Fall

Neurosurgical and Post Surgical Rehabilitation, Orthopedic, Pain Management

Physical Therapy, Dance Therapy, Massage Therapy, Hand Therapy

Flexibility Training, Sports Training and Conditioning

We also treat Carpal Tunnel, Arthritis and Rheumatic Conditions.

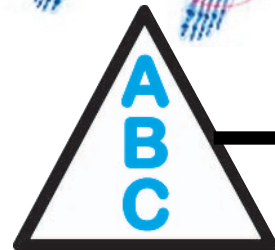
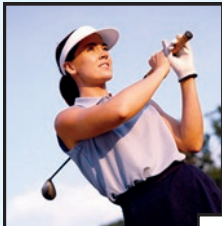
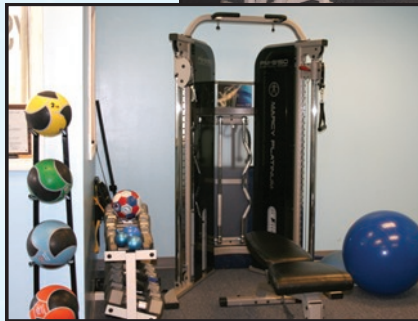
New "Cold Laser Therapy" is available

Most Insurance Accepted. Call us today!
We have day and evening hours available.

OUR PHILOSOPHY

"At some point in our lives we all need someone to rely on. And I am proud to be that person to my patients. There truly is no reward greater than helping people restore and maintain both their independence and quality of life."

"Each of our patients is an individual, and I pride myself on my dedication to treating them as such. That is why I take the time to get to know every patient who walks through our doors. It is this individual attention that can ultimately help our patients achieve faster recovery, so they can return to a more active lifestyle."

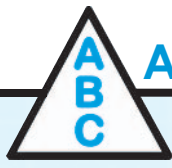


ABSOLUTE BEST CARE PHYSICAL THERAPY

1 John Street, Suite 100
Babylon, NY 11702

WWW.ABCPTCARES.COM

(631) 539-2629



ABSOLUTE BEST CARE PHYSICAL THERAPY

Friendly, Efficient, Treatment — One Patient At A Time

All insurances accepted including no fault and workers comp.

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**GUIDED BY
KNOWLEDGE
AND
UNDERSTANDING**

"I have always been interested in the human body, but not until suffering an injury myself did I realize the importance of a healthy lifestyle. That is why I use my educational background and personal understanding to help my patients gain a better awareness of their body's ability to heal."

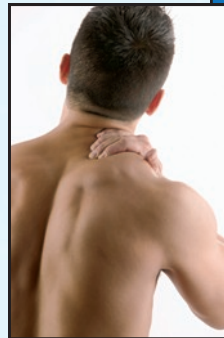
GRADUATE:

Bachelor of Science in Physical Therapy,
Northeastern University.

KEEPING YOU WELL FOR YEARS TO COME

"I always try to put myself in my patients' shoes, and I understand their need to get out of pain and back to life as quickly as possible. That is why I am always eager to learn new techniques and stay up-to-date on the latest treatments available. In so doing, I can better understand every detail of my patients' ailments and determine which treatments will work best for them."

Timothy J. Golub, PT

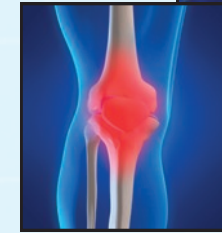


ASSOCIATIONS:

American Physical Therapy Association
Long Island Association Independent
Physical Therapists

CONTINUING EDUCATION:

- Manual therapy techniques, including Myofascial Release and joint mobilization, treatment of back and lower extremity asymmetries.
- Cranial sacral evaluation and treatment of TMJ.
- Advanced wound care.
- Alien Cognitive Scales.
- Lymipedema decongestion & wrapping.



ABC Physical Therapy offers a comprehensive and state of the art approach to your rehabilitation. Our therapists are licensed, experienced professionals, most with advanced certifications. If you do not see your diagnosis or ailment below please feel free to call us for a free discussion of your needs.

SERVICES WE OFFER:

- Orthopedic Rehab
- Sports Rehab
- McKenzie
- Wellness Program
- Back Pain
- Shoulder Pain
- Fitness Evaluations
- Work Hardening
- Stroke Rehab
- Balance Rehab
- Gait Training
- Strength Training
- Arthritis Treatment
- Chronic Pain Rehab
- Lymipedema
- FCE's

IT'S ABOUT PROVIDING THE ABSOLUTE BEST CARE IN PHYSICAL THERAPY